

COVID-19 - PSHD Provides a List of Resources

Get your questions answered. PSHD has provided a list of COVID-19 resources.

To go to the websites referenced in the letter below, click on these links:

www.ct.gov/dph

www.cdc.gov

www.pshd.org

<https://portal.ct.gov/DECD/Content/Coronavirus-for-Businesses/Coronavirus-for-Businesses>

covid19@southington.org

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds.

For more information regarding COVID-19 visit:

- CT Department of Public Health at www.ct.gov/dph
- Centers for Disease Control and Prevention at www.cdc.gov
- Plainville Southington Health District at www.pshd.org

For more information regarding business exemptions visit:

- CT Department of Economic and Community Development at <https://portal.ct.gov/DECD/Content/Coronavirus-for-Businesses/Coronavirus-for-Businesses>

If you have a question regarding COVID-19, simply email covid19@southington.org. A public health official will respond to your inquiry as soon as possible.

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The mission of the Plainville Southington Health District is to preserve, protect, promote, and improve the quality of life in a healthy environment through the prevention of disease, ongoing health education opportunities and the enhancement of the well-being of its residents.