COVID-19 - PSHD Provides a List of Resources

Get your questions answered. PSHD has provided a list of COVID-19 resources.

To go to the websites referenced in the letter below, click on these links:

www.ct.gov/dph
www.cdc.gov
www.pshd.org
https://portal.ct.gov/DECD/Content/Coronavirus-for-Businesses/Coronavirus-for-Businesses

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FOR IMMEDIATE RELEASE: MARCH 23, 2020

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Get Your Questions Answered
PSHD Provides a List of COVID-19 Resources

The confirmation of COVID-19 cases throughout the state has resulted in the declaration of several executive orders by the Governor. Businesses of all kinds have had to rethink how to do business. The Plainville Southington Health District understands these are challenging times for businesses, employees and residents. PSHD encourages everyone to help reduce the spread of transmission by using drive-through windows at banks, pharmacies, and food establishments (when available).

“By working together, we can reduce the spread of transmission for COVID-19,” said Shane Lockwood, PSHD Director of Health. “PSHD encourages everyone to follow the executive orders issued by the Governor, to limit access to others, and to stay at home if feeling ill.”

The PSHD encourages all residents to abide by social distancing measures that are in place to prevent the spread of the virus. Limit social gatherings, avoid large crowds, and if possible, work from home.

PSHD reminds residents that the following precautions have been effective in helping to prevent the spread of respiratory diseases. These precautions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
• Stay home when you are sick.
• Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
• Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
• Wash your hands often with soap and water for at least 20 seconds.

For more information regarding COVID-19 visit:
• CT Department of Public Health at www.ct.gov/dph
• Centers for Disease Control and Prevention at www.cdc.gov
• Plainville Southington Health District at www.pshd.org

For more information regarding business exemptions visit:
• CT Department of Economic and Community Development at https://portal.ct.gov/DECD/Content/Coronavirus-for-Businesses/Coronavirus-for-Businesses

If you have a question regarding COVID-19, simply email covid19@southington.org. A public health official will respond to your inquiry as soon as possible.

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The mission of the Plainville Southington Health District is to preserve, protect, promote, and improve the quality of life in a healthy environment through the prevention of disease, ongoing health education opportunities and the enhancement of the well-being of its residents.